

## **Concussion Protocol**

Concussion: A concussion is a complex, pathophysiological event to the brain that is induced by trauma and interferes with normal brain function.

In the case of a head injury, Girls Place will follow the protocols below:

- 1. Provide first-aid and determine if emergency care is required
- 2. Call the parent/guardian of the athlete
- 3. Complete an accident report including time of event, what happened and first-aid treatment

Girls Place staff reserves the right to require medical clearance from a licensed medical doctor depending on the severity of the injury.